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USPA NEWS -

One such Victim of 'Candela' known as 'The Dark Tetrad' or Miss Machiavellian is Sydney Fashion designer Athena Arvanitis, who for several months has been the easy target of Candela and her cronies who are now under investigation for breaches of the Telecommunication Act to 'Menace', 'Harass' and 'Offend' according to the New South Wales Police.

In an 'Open Letter' today to her clients and friends Arvanitis wrote on Facebook :

"I get called fat, ugly and fake on a daily basis and I encouraged people to be kinder to one another perhaps think before you post which could save a life".

She went on to say, "Many know my battle with depression, many know the success of my business is due to hard work which takes the focus from the reality within myself that 'I am fragile'. Please remember the high-profile suicide of Australia's Next Top Model judge Charlotte Dawson, who suffered relentlessly at the hands of anonymous trolls for years . In August 2012, Dawson tweeted, "hope this ends the misery" and "you win", before taking a cocktail of prescription drugs and alcohol to end the torment and public humiliation of Trolls.

Because as victims we may not respond, because we don't write back to your horrible one liners about having eyebrows you don't like or a tan that wasn't sprayed by you or because you write that 'I look like the 'Grinch' " does not take away the hurt, the anguish and pain you inflict on a daily basis to my self esteem. Yes police are helpful , police are understanding but how many teen suicides each year as a result of online bullying does it take before people are arrested. I'm not a teenager struggling with emotions and public perception, I'm a grown woman with feelings, compassion and fear that one day negative rants and hate speech will end the life of another if not me.

To all those on social media experiencing hurt lets stay calm and remember the 'Troll is the one disrespecting their family and upbringing and racism is very un-Australian'.

Thank you to everyone for being so kind to me and not engaging in hate speech fueled and flamed by those who think its funny to bring people down to their level.... instead of climbing the ladder to success.. Let 2017 be a positive and productive Year for everyone deserving of Success....Thank you "

What is an Internet troll? Simply put it's someone who comes into a discussion and posts comments designed to upset or disrupt the conversation. It seems like there is no real purpose behind their comments except to upset everyone else involved target an individual , defame, tarnish their reputation and cause grief. Trolls will lie, exaggerate, and offend to get a response with absolutely no remorse or feelings towards anyone they have offended. Investigating the habits over the last few months of Candela it's easy to see how she plays victim to any criticism made to herself yet launches into almost psychotic joy in making racist comments in today's society deemed extremely offensive by many. According to researchers , Trolls truly enjoy making you feel bad with no remorse. "Both trolls and sadists feel sadistic glee at the distress of others. Sadists just want to have fun ... and the Internet is their playground!" (ref: Buckels, Erin E., Paul D. Trapnell, and Delroy L. Paulhus. "Trolls just want to have fun." *Personality and Individual Differences*67 (2014): 97-102.)

Arvanitis spoke passionately about her online bullying experience recently to Television presenter Anastasia Verkos (known as 'the Angel of Facebook') of how 'Online bullying' can be life changing and stressful. "People cling onto your name and attack your appearance that you don't know or never met simply because they can. Its scary when hundreds of people gang up on you for simply doing your job or for the way you look. Getting called ugly, fat, fake, con-artist and wog. Having experienced this can lead to weight gain and loss of self esteem, that takes only family and close friends as well as work colleagues to help you through it. They remind me that ' These people don't know me' and also that ' what others say is a reflection on them not you' . Arvanitis went on to say with a smile , " those sayings have helped a lot. I decided to get out and fit, and not let opinions of strangers reflect on how I am. At the end of

the day I just remind myself that my business has blossomed." I asked Arvanitis how it has effected her business with Candela posting publicly almost daily and her friends with a pack mentality joining in fueling laughter, ridicule and hate and now racist speech?

"I have received much support through the social media attacks and my fashion label 'Miss Athena's Closet' followers have grown in numbers to the hundreds of thousands in recent months with supporters emailing and in-boxing me sympathizing and understanding the online attacks as well as loving our label and clothing."

Arvanitis has confirmed that the New South Wales Police Minister Hon Troy Grant has been notified and NSW State police are actively working to put a stop to Cyber Bullying and 'Race Hate' as its effects on the community, health department and in the end the 'Tax Payers' of Australia. It's no wonder 'Candela' is also the focus of The Australian Tax Office widely advertising her Spray Tanning business which does not seem to be registered. Candela is seen sprucing cosmetic procedures for several New South Wales Cosmetic Surgeons . I spoke this week to the Investigating team from the Australian Health Practitioners Regulatory Agency 'AHPRA' who have confirmed complaints have been received regarding Candela's association and unusual advertising methods as an apparent 'Social Media' Influencer running a Facebook page called 'The Cosmetic Diary' referring potential clients to just three doctors showing graphic videos of herself during expensive procedures. One Doctor denied knowledge of meeting Candela however they are seen together on this page on video. Another did not return my call but advertising himself on Instagram as a Doctor that specializes in fixing other doctors botch ups. The AHPRA has a code of conduct for practitioners regarding social media advertising. The New South Wales Medical Board has also shown interest in this social media page. Ironical as she will target women like Arvanitis about her lips, tan, eyebrows, nose and breasts whilst sprucing other doctors?

Athena Arvanitis owns 'Miss Athena's Closet' is a boutique online shop bringing international designs to the public , at half the retail price. Her online store bring the latest trends in fashion without leaving empty holes in peoples pockets.

Athena is inspired by her European cultural heritage (Greek) to bring the best new European styles, cuts and designs that are loved with women of all ages feeling unique and individual.

Her swimwear and evening gowns are stylish, daring and over the top just like Miss Athena herself.

Social media with Facebook administrators waving the power of 'who can' and 'who can't' be in my Facebook 'Group'. In the 80's and 90's we called it anti-competitive behavior. Today we call it Narcissism . Self inflated egos and self importance. Jeffrey Kluger a senior writer at 'Time Magazine' and author of 'Narcissist Next Door' once said, "Since narcissism is fueled by a greater need to be admired than to be liked, psychologists might use that fact as a therapeutic lever - stressing to patients that being known as a narcissist will actually cause them to lose the respect and social status they crave."If you wish to contact Athena Arvanitis for your own Interview contact her through her web-link below...Namaste

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United Press Association, Inc.
3651 Lindell Road, Suite D168
Las Vegas, NV 89103, USA
(702) 943.0321 Local
(702) 943.0233 Facsimile
info@unitedpressassociation.org
info@gna24.com
www.gna24.com